

School SBIRT - Screening, Brief Intervention and Referral to Treatment Training for Multilingual Practitioners



WHAT IS School SBIRT?

SBIRT offers an efficient, evidence-based, and comprehensive service to address selected behavioral health concerns among adolescents. Although originally designed as a universal prevention approach (Tier 1), SBIRT is readily adapted for delivery in middle and high school settings by existing student services staff as a selected (Tier 2) or indicated (Tier 3) intervention. SBIRT is based on the principles of Motivational Interviewing.

WHY DELIVER SBIRT SERVICES IN SCHOOLS?

- Expands the capacity of student services to **effectively and efficiently address a range of behavioral health concerns** which, in turn, promotes school engagement and learning outcomes.
 - **Can be used to address alcohol, drug use, vaping, mental health, attendance**
- Fits with a student-centered, strength-based philosophy.
- Is student friendly, culturally relevant, and highly engaging.
- Fits with Response to Intervention. Screening provides baseline data, then approximately 30 days later, follow up screening ascertains individual student response to Brief Intervention.
- Implementation allows for flexibility. Staff are trained to use a protocol which guides delivery of services. Staff decide the focus of intervention, number of BI sessions, and format of delivery (individual or small groups).



In addition to learning School SBIRT and practicing motivational interviewing skills, this training will include a focus and facilitated discussion on supporting multilingual practitioners to deliver services to students, families, and caregivers who are English Language Learners in schools and communities.

TRAINING DETAILS

Individual pre-learning is required and will be emailed to you. Please come prepared for training having completed the reading and the quiz. (Approx. 1-2 hours)

TRAINING (2 days - in-person)

- **Student materials have been translated to Spanish will be provided.**
- (Day 1) Includes an overview of SBIRT, introduction to the requisite skills (motivational interviewing), and practice on delivering protocol-guided Brief Intervention services.
- (Day 2) Continue skill building, practice delivering SBIRT, and plan for effective implementation.

REGISTRATION

In-Person Training Session [30 participants max per session, registration deadline - May 28]

- June 11 & 12, 2024 at Oregon Village Hall, 101 Alpine Parkway, Oregon, WI [8:30am-3pm]
Register at: <https://login.myquickreg.com/register/event/event.cfm?eventid=35121>

Fee

- \$25.00 per registrant
- Payable to CESA #4 - options in registration to pay by credit card or select 'invoice to school'.

FOR REGISTRATION ASSISTANCE CONTACT: Kalli Rasmussen, CESA #4, (608)786-4832, krasmussen@cesa4.org

This training is designed for:

Educators serving English Language Learners, including teachers, social workers, counselors, mental health providers working in schools and communities



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To learn more about the School SBIRT Implementation Support Project and the support provided by the WISH Center visit <https://www.wishschools.org/resources/schoolsbirt.cfm> or contact your WISH Center Regional Coordinator



SCAN FOR TRAINING INFO